

HALLIWICK IN 1986

Proceedings of the Congress

"HALLIWICK IN 1986",

The Realities of Movement in water
held in Nijmegen, The Netherlands

August 13-15, 1986

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Johan Lambeck

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CONGRESS ORGANIZATION.

This congress was organized through the efforts of:

- . the Physical Therapy Department of the University Hospital
"St. Radboud" in Nijmegen.
- . the Department of Physiotherapy of the Rehabilitation Centre
"St. Maartenskliniek" in Nijmegen.

under the auspices of:

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SPONSORS AND EXHIBITORS.

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Preface

These proceedings contain most of the lectures given on the congress titled "Halliwick in 1986, the realities of movements in water" which was held in Nijmegen from August 13-15, 1986.

The Halliwick method, the lifework of Mr. James McMillan, is built up of four elements:

- gathering INFORMATION
- integrating information: THE LINK
- applying in practice: THE STRUCTURE (the 10 point programme)
- didactic and agogic interpretation: EXPRESSION

Especially the first two items were discussed at the conference.

In view of the fast evolution of neurophysiology and experimental psychology on the one hand and the extent of the area of application of the Halliwick method on the other hand, gearing theory to practice seemed expedient.

The most important reason for organising this congress was therefore to bring researchers and clinicians together to give them the opportunity to discuss the Halliwick method.

The congress was a unique event. A number of researchers, most of whom were not occupied with 'water', were found prepared to discuss the theoretical foundations of the Halliwick method.

The combination of clinical experience and theoretical knowledge has led to fruitful hypotheses about moving in water by disabled people and the teaching aspects involved.

In view of the stress on neurophysiology and experimental psychology of this congress it is not surprising that these hypotheses were mainly related to people with cerebral damage. The choice of these focal points was inherent to the area of attention of the Foundation for NDT (Neuro Developmental Treatment) Nijmegen, under whose auspices this congress was organised.

I regret the fact that these proceedings have not been published in the intended form. I am glad however that the lectures of the congress titled, "Halliwick in 1986, the realities of movement in water" could be collected in the present form after all.

Johan Lambeck.