

Certification  
Course  
On

# Aquatic Therapy

(WST, BRRM, Ai Chi, Aqua Relax)

## 12 days International Certification Course on Aquatic Therapy



**P. Johan F. Lambeck, PT, BHS, Cert Hydro UK**

1975 - 1979 University of Applied Sciences (Physiotherapy) Nijmegen, NL  
Title: BHS, Bachelor of Health Science  
2015 - 2017 MSc in neurological rehabilitation sciences and physiotherapy, KU  
Leuven, B  
1979 - present The list of postgraduate courses can be given on demand.

Johan Lambeck provides skillful Aquatic Therapy, including a proper clinical reasoning process that finally ends in an intervention strategy with adequate tactics. Tactics include the specific concepts that are used in the pool. His pool practice focuses on an evidence based patient treatment. This is what he also offers his students in courses worldwide. As a knowledge broker, Johan strives to teach up-to-date information, being involved intensively in international networks, conferences and publications.



**Anne Bommer, Senior Lecturer IATF**

Anne Bommer.

Senior Lecturer IATF. She is certified Ai Chi and Aqua-T-Relax Lecturer and practitioner of Watsu and Water Specific Therapy. Anne is specialized in working with clients with severe physical and intellectual disabilities and works in the Fondation Clair Bois, Geneva (Switzerland). She has taught courses and conferences in various countries, amongst these are China, Mexico, Switzerland and Spain. Anne is co-author on chapters about Clinical Ai Chi in 3 aquatic therapy textbooks.

- Water Specific Therapy at the ICF levels of function and activity
- The Halliwick Ten-Point- Programme
- Bad Ragaz Ring Method
- Ai Chi and Aqua Relax Techniques
- Clinical reasoning, based on patient treatments and video presentations
- Aerobic training in the framework of neuroprotective exercise
- Founding information from neurosciences



**Date**  
**22<sup>nd</sup> March - 02<sup>nd</sup> April 2018**

**Venue :**  
**Lahari Resorts, Hyderabad.**

[www.lahariresorts.com](http://www.lahariresorts.com)

**For Details Contact :**

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**Therapy India**



**SRI SIDDARTHA**  
PHYSIOTHERAPY & REHABILITATION CENTRE



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# Aquatic Therapy

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## 22/03/2018 to 26/03/2018 - Water Specific Therapy

₹ 65,000/-

Water Specific Therapy at the ICF levels of function and activity, The Halliwick Ten-Point- Programme, Justification of WSTH according to Evidence Based Clinical Practice, Clinical reasoning, based on patient treatments and video presentations, Developing treatment programmes for individual and group therapy, Founding information from neurosciences, Aerobic training in the framework of neuroprotective exercise

## 27/03/2018 to 30/03/2018 - Bad Ragaz Ring Method

₹ 55,000/-

At the end of this module, each participant will be able to:

- Use the original arm, trunk and leg patterns
- Relate the patterns to principles from PNF, functional kinetics, exercise physiology and fluid mechanics
- Use PNF techniques (e.g. hold/contract relax, combination of isotonic, dynamic reversals and fine tuning) in selected patterns
- Use principles from clinical reasoning to use BRRM in various patient populations

## 31/03/2018 to 02/04/2018 - Clinical Ai Chi & Aqua Therapy Relax

₹ 38,000/-

At the end of this seminar, the participant will be able to:

- Describe the effect of influencing connective tissue by **Clinical Ai Chi®**
- Follow the basic **Clinical Ai Chi®** kata's
- Adapt the kata's into challenging variations
- Apply **Clinical Ai Chi®** in fall prevention and spinal motor control

**For all courses together ₹ 1,35,000/-**

*\* If Registered before 31/08/2017*

*\*Inclusive of Food & Accommodation*

**₹ 1,45,000/-**

*\* If Registered after 01/09/2017*

**Note:** For attending this course ATNI Aquatic Therapy Foundation Course is recommended but not mandatory

**Date**  
22<sup>nd</sup> March - 02<sup>nd</sup> April 2018

**No. of Seats**  
24

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